

# **New Hire Regulation Training (NHR)**

*“Keeping shipyard workers safe and in compliance”*

## **OSHA States (1926.21(b)(2))**

“The employer shall instruct each employee in the recognition and avoidance of unsafe conditions and the regulations applicable to his work environment to control or eliminate any hazards or other exposure to illness or injury.”

**Most shipyard workers are exposed to the hazards found in confined spaces, working above ground and working with electricity.**

The purpose of this course is to provide you with training that will support you in meeting OSHA requirements regarding Confined Space Safety, Fire Prevention and Electrical Safety-Lockout/Tag-out. It is particularly designed to instruct new employees to the industry in safe work practices and OSHA requirements.

## **Confined Space Topics:**

- Common Shipboard Confined Spaces
- Confined Space Hazards
- Definitions
- Inspection and Testing
- Certifications/Update Logs
- Summary

## **Fall Protection Topics:**

- Working Above Ground
- Ladders Safety
- Scaffolding Safety
- Personal Fall Arrest Systems
- Summary

Target Audience: New shipyard workers

Class Length: 4 hours

## **Electrical Safety Topics:**

- OSHA Requirements
- Terminology
- Non-Electrical Hazards
- Protective Devices and Processes
- Lockout / Tag-out
- Summary